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Friday, June 25, 2010

[PIMP DOWN, RED ALERT!](#)

It's a good thing I'm not at home right now because it'd be do or die: Relaxer of BC. I'm 18 weeks post and I'm not having any difficulty managing my hair at all. I just fight with myself the further along I get.

Here are my (conflicting) thoughts:

~ **Why spend money and time taking care of money I'm not going to keep? Just BC!!** On the other hand, I'm not comfy with a twa. I'm not an accessories and makeup type of girl, so I feel I'll look like a boy. Or I'd be uncomfortable trying to make myself up and wearing jewelry I wouldn't normally wear. I think I'm just ready for the wash n go especially for this hot summer.

~ **My head is too big to go twa with only 18 weeks new growth and massive shrinkage.** No, it really is. I'm serious!

~ **I'd like to wait until about 6 months post, BC then microbraid/kinky twist until I'm comfy.** I'm just nervous about the health of my edges during this time.

~ **Continue transitioning.**

~ **Cut my hair in a bob with layers and keep trimming until am natural.** This would start to get me used to being short again. I loooove bobs anyway with layers. I could definitely style my hair while growing my hair out. I'm just wondering how short I should go when dealing with new growth.

So right now, the last option is the most attractive to me. I rarely wear my hair down as it is and I'd prefer to start styling my hair in some kind of style. It's either this or just keep bunning and what not...yawn.

We'll see. The moral of this rant is when in doubt...wait. And wait I shall. (Or maybe not ;-)

Labels: [Rant](#), [Transitioning](#) 1 comments

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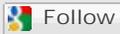


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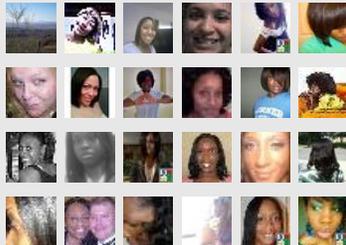
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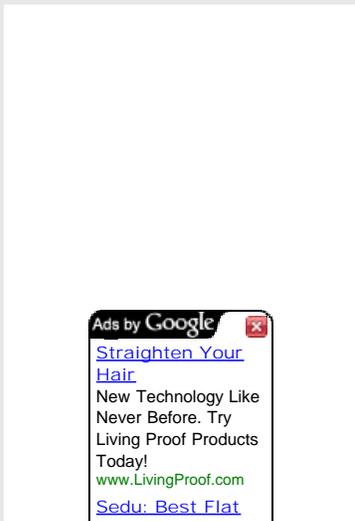
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Monday, June 21, 2010

18 WEEKS POST, HERE I COME!

Woot, woot! Tomorrow starts week 18 post relaxer for me. As I've mentioned before, I've never been past 14 weeks post. My hair is acting so well. I'm still washing as normal without the need for sections. Nothing really has changed about my regimen at this point.

I've been washing and deep conditioning once a week for the past few weeks. I wash my hair in two sections, left and right. But it usually gets pulled together.

I haven't done another BKT yet and my hair is still very manageable. The effects from the previous one has worn off, though.

I finger detangle my hair when rinsing my shampoo and conditioner. It's very easy and I love feeling the coils of my new growth under my fingers. When my hair is dry, I don't manipulate my new growth much.

I've been styling my hair by blowdrying and flat ironing. I wear it straight for a few days, and then dry flexi rod set it for the rest of the week until wash day. I am missing my straight hair and am at that phase where I am constantly reminding myself of my commitment to transition.

Here are the staple products in my regular rotation. I don't use these all at the same time. Every now and then I'll try something new in my stash or use up something I won't repurchase.

Prepoo Oil:

Hot 6 Oil
 Dabur Amla Oil

Shampoo:

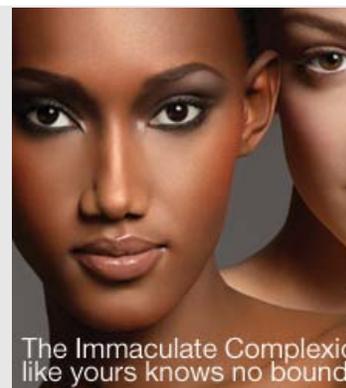
CON Detangling (old red label)

Protein:

Aphogee 2 Minute Reconstructor
 QOD Max Brazilian Keratin Treatment
 Hydrotherma Naturals Protein Deep Conditioner

Deep Conditioner:

Hairveda Sitri Nillah Masque
 Hydrotherma Naturals Moisture Boost Conditioner
 Kenra Moisturizing Conditioner



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Sally GVP Paul Mitchell The Conditioner
Aveeno Nourishing Leave In

Serum:

Sally GVP Paul Mitchell Super Skinny Serum

I stopped using oil on wet hair. It just wasn't working for me. I use oil when my hair is almost dry like when I braid out. I airdry for a while then do my braid out on 80% dry hair.

I have been saying I'm BKTing again for the past 3 weeks, but I don't feel the need to do it yet. My product line up has been giving me so much moisture and slip. And my heat styling has aided in even silkier styling.

I *said* I'd BKT this weekend, so we'll see. I'll post pics if I do!

: -)

Labels: [My hair](#), [Regimen Update](#), [Transitioning](#) 0 comments

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Wednesday, June 16, 2010

I HEART SEDU



(Please ignore that I need a trim. I refused to pay \$35 + tip at Ulta for a trim. I'll do it myself.)

I promise that Sedu is my favorite flat iron! In these pictures, I was 16 weeks post and my hair was like butter with this iron. It never scorches my hair or causes any damage for me. It's the smoothest ironing that I've experienced and I've tried quite

LABEL CLOUD

a few irons. I own the 1 and 1.5 inch. I used the 1 inch for these pics.



I really wish this iron got up to 450 degrees so that I can do my BKTs with it, but it only goes to 420. I still may try anyway.

One of the best features about this iron is that it does its best in sealing in moisture. All of the moisture your hair received from conditioning will remain in your hair, even after a blow drying session.

My 16 weeks post new growth didn't stand a chance against this iron! I'm on day 3 hair and my hair isn't reverting, even in the humidity.



I can't say enough about it, you really have to experience it do know what I'm saying. My hair doesn't get dry and start breaking throughout the week. It remains silky smooth, cool, and soft.

My regimen for this session:

Prepoo: Hot 6 Oil

Shampoo: CON Detangling (old red label)

DC: Hydrotherma Naturals moisturizing conditioner/Hairveda Sitri Nillah Masque (1.5 hours no heat)

Leave in: Sally GVP Paul Mitchell The Conditioner/Hydrotherma Naturals Protein leave in

Serum: Sally GVP Paul Mitchell Super Skinny Serum

Styling: Sat under Pibbs for 15 minutes, blow dry on medium to finish, flat iron with Sedu on 360 degrees, wrapped.

This is alot of product for me as I rarely mix products. But hot damn, if my hair isn't buttery soft ever during blow drying! And the flat iron just sealed the deal!

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I purchased my Sedu from Folica.com with fast and free shipping!

Labels: [My hair](#), [Product Junkies](#), [Product Review](#), [Styling Tools](#) 1 comments



Saturday, June 12, 2010

DON'T MAKE NO DAGGONE SENSE!



I use almost an entire jar of Hairveda SitriNillah Masque in ONE APPLICATION. That's just ri-damn-diculous! I need a whoopin!

As you can see, this is a big jar. I applied it in small sections from root to tip and saturated my hair. I was really doing this like this wasn't \$17.50!!!

Clearly my heavy handedness is out of control and I can't be using my expensive stuff all willy nilly like this.

Pure daggone foolishness! LOL

How heavy handed are you?

Labels: [Product Junkies](#), [Transitioning](#) 4 comments



Thursday, June 10, 2010

SAFE HEAT STYLING SERIES PART 4: MAINTENANCE

Ok, you've got this fabo hairdo and you've sprained your neck shaking your hair around all day. Now it's time for bed...what to do?!

No worries! I've always found my straightened hair easiest to maintain with little manipulation.

You've got several styling options here:

~ **Moisturizing.** This is optional as I know many people prefer to moisturize and seal daily. Remember water = reversion. Keep your water based product use to a minimum. As I've mentioned before, I recommend misting your hair lightly with a light liquid leave in or moisturizer. Your hair should feel cool, not damp or wet. You can then seal with a serum or essential oil. I prefer essential oil mix like Jane Carter Hair Nourishing serum or Sally GVP CHI Silk Infusion (used every other day). This keeps my hair light and with movement.

~ **Wrapping.** I prefer to wrap my hair and secure it with a satin bonnet. My hair doesn't get that flat stick straight look and still maintains its body. I wrap my hair, the best I can and place the bonnet on it. I turn the bonnet in the direction of my wrap and gently tuck the hanging hair in. In the morning, my hair practically falls

out of the bonnet retaining its body and smoothness. This also requires less combing and manipulation to get your style back in place.

~ **Pincurling.** Don't think just because you flat ironed that you shouldn't wear it curly! I like to pincurl my hair after wearing it straight a few days. I finish out the week in the curly style. My curls are bouncy and very smooth.

~ **Dry flexirod set.** I was literally put on to this a few days ago. LHCF member, Shtow, posted a tutorial of her dry flexirod set on Youtube. Out of respect for her privacy (and her request), I will not post those links. I'll do a tutorial on them soon, but she is the one who put me on to them. My dry flex sets never quite came out right, but after her simple tutorial, I got compliments left and right.

You're basically sectioning your dry hair into 8 sections and rolling them horizontally on rods. No product (unless you want to add a little), no heat, no nothing. It is comfy to sleep in and you wake up with gorgeous, shiny, bouncy curls that last for days if roller properly. I got compliments on day 1 saying my hair looked like I was in a wedding! :-)) If only they knew I only spent 7 minutes on my hair! :-))

I hope you've enjoyed this series and it helps you! There are so many other factors when it comes to heat styling that it's difficult to encompass it, but I hope this guides you in the right direction!

Please make sure to share your tips in the comments!

;-)

Labels: [Heat styling](#) [0 comments](#)



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