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Friday, January 1, 2010

[STICK 2 IT! CHALLENGE ENDS!](#)

We closed 2009 by ending the Stick 2 It! Challenge on the Hair2Toe Beauty forum!

We committed to sticking to a set product line for our individual regimens for 30 days in order to truly gauge the benefits of those chosen products and to use up some stash.

Here is the regimen I committed to:

Weekly wash:

Prepoo: Coconut oil

Shampoo: Keracare Hydrating Detangling Shampoo

DC: Jane Carter Solutions conditioner

Leave In: Giovanni Direct Weightless Leave In

Setting Spray: Jane Carter Solution Natural Hold Spray Gel

Serum: Moroccan Oil Treatment

Maintenance: (2 times weekly)

Jane Carter Solution Scalp Nourishing serum

Jane Carter Solution Leave In

Jane Carter Solution Hair Nourishing serum

Extras:

Megatek (to scalp daily with applicator bottle)

Here's what I learned:

I also learned that my hair does not care for coconut oil as a prepoo and that it is best used on air dried hair. My hair also prefers the Pantene Set Spray for softer sets I plan on combing out, but the JCS Natural Hold Spray was better for curly styles.

I'm glad I gave KeraCare Hydrating Detangling shampoo its time to shine because I love it next to my CON shampoo. It's DEFINITELY a staple now.

And of course my JCS conditioner never failed me. I find this conditioner is the best for my curly styles as my curls hold better than when I use heavier conditioners like Joico MR. Before when I was textaxed, I required heavier conditioners, now that I'd gotten a corrective relaxer (although not bone straight, still straighter), my hair doesn't care too much for really heavy oils and conditioners anymore.

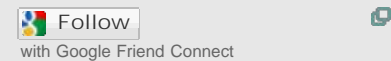
I am really still on the fence about Moroccan Oil. I just can't seem to justify the price. So I won't be repurchasing it in the future. I'll stick to Sally's knock off version Argan Oil if the need strikes me to buy it again. I prefer good old Fantasia IC Shine Polisher serum.

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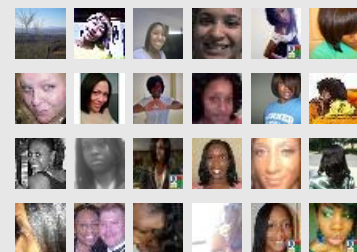
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So, while my results each time weren't optimal because of the prepoo, serum, and my preference for Pantene R&N Set Spray for doobies, they were consistent.

Overall, I'm happy to have used up a lot in my stash and now I know what I need to restock as staples!

Those that made the cut are bolded above.

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Moroccan Oil Treatment

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1 COMMENTS:

LaQT said...

I'm glad I did this challenge. i didn't know that I would learn this much about my hair. I figured I was pretty much using the same products anyway.

I wonder if I'll have the same thing happen when I get a corrective relaxer. I wonder if I'll have to go to my lighter staples.

JANUARY 5, 2010 8:22 AM

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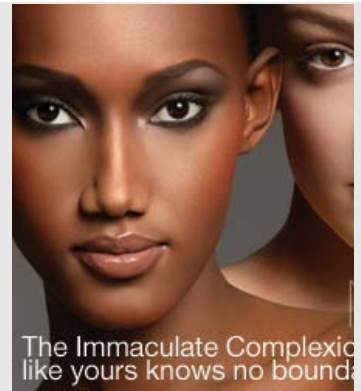
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